



THE PARENTS STRATEGY FOR DEALING WITH PORN EXPOSURE

- STAY CALM**
Whether your child saw the images on accident or sought them out.
- ASK QUESTIONS**
Find out where it was accessed and how they felt when they saw it.
- LISTEN**
Respond with empathy and compassion. Remind them that curiosity is normal.
- REASSURE YOUR CHILD**
Discuss what true intimacy is and how porn is unhealthy and addictive.
- FORMULATE A PLAN**
As a family, decide what to do if confronted with or drawn to look at porn.
- FOLLOW UP**
Take the initiative and let them know you are always available.

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